



Low Cost/No Cost Family Fun in London

Please look at the organisations' websites to double check times and arrangements

Inspire - Black Communities Health and Wellbeing Day **FREE**

Sat 6 Jul 2024 11:00 AM - 4:00 PM

Expect activities designed to connect the Black community and promote health. From FREE food and uplifting music to engaging with your local NHS teams. Get advice on everything from maintaining good health to managing conditions like diabetes, alongside tips for healthy eating and spotting early signs of cancer.

Fun activities throughout the day, include, arts & crafts and fitness classes and Lambeth Health and Wellbeing Bus! St Mark's Church Kennington (opposite Oval tube station), SE11 4PW

PublicHealth@lambeth.gov.uk

<https://www.tickettailor.com/events/lambethpublichealth/1256427>

Summer Screens: Family Gaming - Canary Wharf **FREE**

15 June - 18 August 13:00 -15:00

Various free family gaming events using big screens. First-served basis. Children aged 5+ and their families.

Canada Square Park Canary Wharf London

<https://canarywharf.com/whats-on/summer-screens-family-gaming/>

Free outdoor waterplay areas and paddling pools **FREE**

Myatt's Fields Park **FREE**

Everyday 10am -6pm(with 15min intervals every hour)

Myatt's Fields Park, Cormont Rd, SE5 9RA

www.myattsfeldpark.info

Ruskin Park Paddling Pool **FREE**

Denmark Hill, London SE24 0AA

More information: <https://www.friendsofruskinpark.org.uk/paddlingpool/>

Dads Hub Workshops **FREE**

Wednesdays at 6.00pm - 8.00pm

3rd July Babies & Toddler First Aid Training.

10th July Low cost no cost activity ideas for summer

17th July Managing challenging behaviour

24th July Boxercise with Bez

31st July Raising Resilient Children

Hyperion House Community Hall Somers Road SW2 1HY

Sign up using the contact details below

Unity Matters CIC at unitymatterscic@gmail.com | 07508 074921

St Michaels Fellowship admin@stmichaelsfellowship.org 07745 540868

LEAP Activities **FREE**

Mondays 11-11.45am Zumba at Myatt's Field North Community Centre SW96FZ

Tuesdays 10-11am Baby yoga at St Stephen's Children's Centre, Meadow Place SW8 1XY

Wednesdays 9-10am Little Sunflowers Stay and Play at Allen Edwards Primary School SW4 6RP

10-11.15am Mini athletics at Myatt's Field North Community Centre SW9 6FZ

Thursdays 10.30am Family Dance at Green Hut, Windmill Gardens SW2 5EU

Fridays 10.30-11.30am Pregnancy and baby yoga Jubilee Children's Centre SW2 2JE

Saturdays 10-12 Dad's stay and play. Brockwell Park One O'clock club.

<https://www.leaplambeth.org.uk/events/leap-10th-birthday-celebrations>

Please contact Isla, Brixton Learning Collaborative (brixtonlearningassistant@gmail.com) or

Rachel Thomas, Windmill Cluster (rthomas@sudbourne.com) if you have a low cost no cost event that you would like us to feature.



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